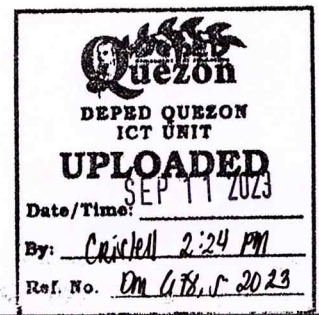




Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE



5 September 2023

DIVISION MEMORANDUM
DM No. 678, s. 2023

ORIENTATION ON ADOLESCENT HEALTH ISSUES AND PERSPECTIVES (AHIP)

TO: Assistant Schools Division Superintendents
Division Chiefs
Elementary & Secondary School Heads
School Health Personnel
All Others Concerned

1. The Philippine Obstetrical and Gynecological Society (POGS)-Southern Tagalog Chapter-Quezon in partnership with Adolescent Health and Development Program of Integrated Provincial Health Office will launch an **Orientation on Adolescent Health Issues and Perspectives (AHIP)** in the Department of Education-Division of Quezon from September 29 to December 01, 2023.
2. The AHIP is a subcommittee of POGS Reproductive Health which aims to reach out the Filipino Youth thru series of lecture prototype conferences and other forms of information education and communication materials on the topics such as reproductive health, menstruation, adolescent brain and physiology, mental health issues, psychosocial relationships and behavior among adolescents.
3. A total of 100 participants are expected to join in the said orientation which comprise of the learners, teachers, parents and school nurses the from elementary and secondary schools.
4. Attendance of the participants shall be monitored strictly by the ARH School Coordinators and school nurses in coordination with their respective school heads.
5. Please see Enclosure Nos. 1 and 2 for the list of participants with their schedule of attendance, and indicative program of activities.

DEPEDQUEZON-TM-SDS-04-009-003





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6. For queries, please contact **Ms. Princess Leni May M. Rejano** (Division ARH Focal Person) at 09095085476.
7. Immediate and wide dissemination of this Memorandum is desired.


ROMMEL C. BAUTISTA, CESO V
Schools Division Superintendent 

shsplmpr09/05/2023

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Enclosure No. 1 to DM 678, s. 2023

SCHEDULE OF ORIENTATION ON AHIP per SCHOOL

MUNICIPALITY	ELEMENTARY (G4-G6) & SECONDARY (G7-G12)		
	School	Number of Participants	Date
Sariaya	Lutucan Central School	100	September 29, 2023
Pagbilao	Talipan Elementary School	100	October 13, 2023
Pagbilao	Pagbilao NHS	100	October 27, 2023
Candelaria	Candelaria Central School Main	100	November 17, 2023
Sariaya	Lutucan Integrated National High School	100	November 24, 2023
Candelaria	Dolores Macasaet NHS	100	December 1, 2023

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Enclosure No. 2 to DM 678, s. 2023

PROGRAM OF ACTIVITIES		
TIME	ACTIVITIES	PERSON RESPONSIBLE
7:30 AM – 8:00 AM	> REGISTRATION	PHO Support Staff
8:00 AM – 8:30 AM	Preliminaries > INVOCATION (POGS HYMN)/PRAYER > NATIONAL ANTHEM	
	>WELCOME REMARKS	Lorelie G. Salonga, MD, FPOGS, MHA Provincial Health Officer I
	>INSPIRATIONAL MESSAGE	Kristin Mae-Jean Villaseñor, RMT, MD, MPM Provincial Health Officer II
8:30 AM – 9:15 AM Elementary/ Junior High School	MODULE 1: Adolescent Health and Development	Resource Speaker
9:15 AM – 10 :00 AM Elementary Junior High School	Working Break (snacks) MODULE 2: Myths and Misconceptions about Sexuality MODULE 2: Healthy and Happy Risk Takers	Resource Speaker
10:00 AM – 10:45 AM Elementary Junior High School	MODULE 3: Clean Teen Module MODULE 3: Menstruation 101	Resource Speaker
10:45 AM – 11:15 AM Elementary Junior High School	MODULE 4: Menstruation 101 Social Media Use	Resource Speaker
11:15 AM – 11:45 AM Elementary Junior High School	MODULE 6: Social Media use Mental Health	Resource Speaker
11:45 PM – 12:15 PM	OPEN FORUM	
12:15 PM – 12:30 PM	CLOSING REMARKS	

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